

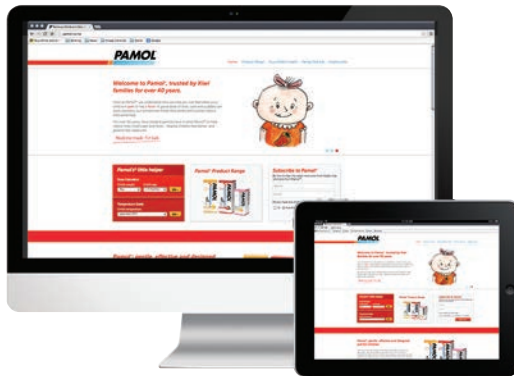
# PAMOL®

Relieves Children's Pain & Fever

## Handy ways to help your child feel better.

### Medicine made for kids ... website made for parents.

Here at Pamol®, we understand how worried you can feel when your child is in pain or has a fever. That's why we've created a helpful new website for parents, full of expert tips and advice to help relieve your child's symptoms ... and your concerns. Check it out at [pamol.co.nz](http://pamol.co.nz).



### Check out our new 'Little Helper' tool.

Not sure if your child has a temperature? Want to know the correct dose of Pamol® to give? Try Pamol's handy 'Little Helper', our new interactive temperature check and dose calculator tool at [pamol.co.nz](http://pamol.co.nz).

It's super quick and easy - just select your child's age, weight and/or temperature to find out the best way to treat those little aches and ouches.



Scan this QR code to use our 'Little Helper' app.

*Medicine made for kids*

# PAMOL®

Relieves Children's Pain & Fever

**Trusted by Kiwi families for over 40 years...with the great taste kids love!**



## Tips to relieve a fever<sup>1</sup>

- Reduce your child's layers of clothing to just a single layer.
- Make sure the room isn't too warm.
- Keep up fluids and ensure your child rests.
- If your child is happy and not unwell, do nothing further – you do not need to treat a fever with medicine.
- Pamol® may help to relieve pain and discomfort associated with fever.
- Give Pamol® every 4 hours if required (not sooner), and no more than four doses within 24 hours.
- Measure the dose exactly and keep to the recommended doses.
- A fever by itself does not mean your child is very sick. Look for other signs and symptoms and if you're concerned, contact your healthcare professional.

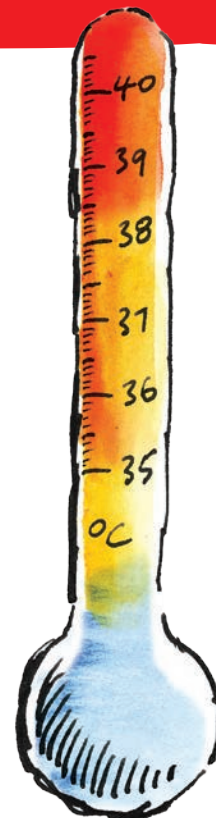
Fever in babies: Very young babies aren't very good at controlling their own body temperature. If your baby is unwell and has a temperature, you should contact your healthcare professional.

For more great tips on treating your child's pain and fever visit [pamol.co.nz](http://pamol.co.nz).

## Pamol® Dose Guide

If your child has a fever, is in pain and/or is feeling miserable, Pamol® may help him or her to feel better. Use this guide or check out our handy Little Helper tool at [pamol.co.nz](http://pamol.co.nz) to work out the correct dose for your child.

Age	Weight (approx)	Type of Pamol®	Dose
3 months	6kg	Infant Drops 50mg/mL	1.8mL
6 months	7.5kg	Infant Drops 50mg/mL	2mL
12 months	10kg	All Ages 250mg/5mL	3mL
18 months	12kg	All Ages 250mg/5mL	3.5mL
3 years	15kg	All Ages 250mg/5mL	4.5mL
5 years	18kg	All Ages 250mg/5mL	5.5mL
8 years	24kg	All Ages 250mg/5mL	7mL
10 years	30kg	All Ages 250mg/5mL	9mL
12 years	40kg	All Ages 250mg/5mL	12mL



Reference 1. The Paediatric Society of New Zealand and Starship Foundation 2013 Kids Health. [www.kidshealth.org.nz](http://www.kidshealth.org.nz) accessed 21 June 2013. PAMOL® for the treatment of child pain and fever. PAMOL® suspensions contain Paracetamol 250g/5mL. Always read the label and use as directed. Incorrect use can be harmful. If symptoms persist see your healthcare professional. Pharmacy medicine. Refer to packaging for dosing guidelines. ® Registered Trademark. Aspen Pharmacare C/- Healthcare Logistics, Auckland. TAPS PP3974.